

# OFSHEEA SUMMER NEWSLETTER

Did you notice the countdown to summer in our Instagram stories? As much as we all LOVE teaching Family Studies, we all need and deserve a break. We hope you are all planning some time to relax and truly take care of yourselves over the summer, even if you are already thinking about what September might bring! After all, OFSHEEA is here to help you stay connected with new resources and professional development.

### **2023-2024 MEMBERSHIPS**

Don't worry, if you have been an OFSHEEA member this year your membership is still valid until August 31st! However, the 2023-2024 membership year will open on July 1st, so you can renew over the summer. If you're thinking of joining us as a new member for next year, you can join now to start getting access to resources. To join or renew go to the membership page of our website.





### 2023 FALL CONFERENCE

Are you getting excited for our conference on October 28th, at St.
Thomas More Catholic Secondary
School in Hamilton? Our conference committee is getting things ready, so make sure you keep an eye out as registration will open later this summer! In the meantime, if you haven't done so already we would love your feedback on our Fall Conference Survey.



#### **NEW PODCAST EPISODE!**

We have to admit that the What the Family Studies? Podcast is definitely one of our favourites, and we hope that you have been catching up on our latest episodes! In our newest episode, our podcast team talks with each other about their experiences as Family Studies teachers and our learnings being part of this podcast.



## SOME SUMMER SELF-CARE

We came across this article Five Ways for Educators to
Reset and Renew This
Summer - and knew it was
the perfect thing to share
with you all in our last email
of the year! We hope you'll be
taking some time for yourself
this summer.



#### 2023 AGM

Last piece of news - our 2023 AGM will be held virtually on Saturday October 14th. Formal AGM info will be sent to members, but we thought we'd give your a heads up!